

## Girls National Training Centre



National Training Centre (NTC) Programs are devised to assist nationally identified athletes, or those with the potential for identification, to best prepare for the game at the highest level.

From October 2006, Football West has been working in conjunction with Football Federation Australia (FFA) and The Department of Sport and Recreation (DSR) to establish a training and development program that will set the benchmark within the country.

The Football West National Training Centre (NTC) Program aims to provide talented and elite boys and girls with the opportunity to develop their skills and ability through structured skills and a physiological development program.

The NTC Program also provides a pathway to potential National representation and a realistic opportunity for players to make a career from the game.

The National Training Centre Program will ensure the future success of Football within the State, and is a vital part of developing our talented players and preparing them for the big step up to National Representation.

### **There will be 3 age groups :**

**Under 13s**

**Under 15s**

**Under 19s- (Girls aged between 16-19)**

**Venue-** Celebration Park (Rochester Circle, Balga)

**When-** Monday 14<sup>th</sup> October and Saturday 19<sup>th</sup> October.

**Time-**

**Monday-** 13s and 15s at 5-6:15pm

19s- 6:30pm-7:45pm

**Saturday** -13s and 15s 9am-10:15am

19s- 10:30am- 11:45am

- Please be there 15-30minutes prior to the start to get registered.
- You MUST fill out an expression Of Interest.

Any enquiries please contact [elisa.dovidio@footballwest.com.au](mailto:elisa.dovidio@footballwest.com.au)